

Measurement result

Date measured 03-Jun-2019

Name	Harjeet	Sex	Male	Age	32
ID	01	Height	---.-cm	Weight	---.-kg
Tag		Foot	Right	Menopause	--

<Measurement result>

Young adult mean: 1555m/s

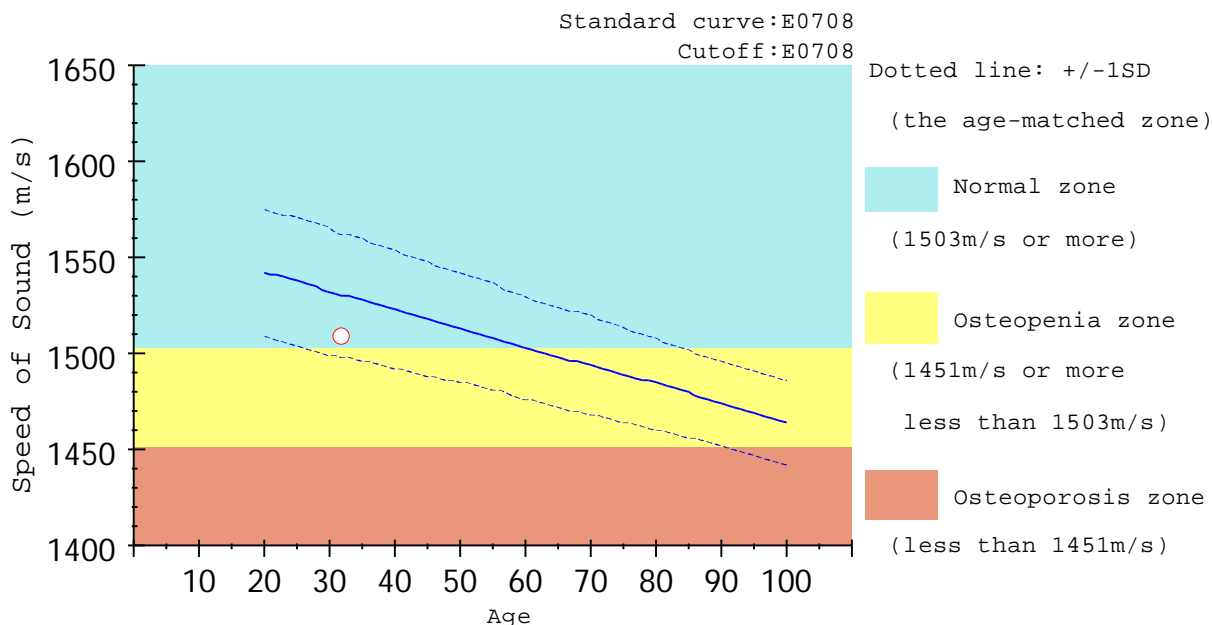
Speed of Sound in your heel bone is **1509** m/s.
 Your bone age equivalency is **54** years old.

* SOS value equivalent to DXA lumbar bone density.

Equivalent to **84%** of young adult mean. *(T-SCORE: - **1.31**)

Equivalent to **97%** of age-matched. *(Z-SCORE: - **0.66**)

Foot size	25 cm or more	Heel temp.	29.5°C	Unit temp.	23.1°C
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The circle indicates your measurement value.

<Comments>

The SOS value shows your bone density seems to be equivalent to the standard value of young normal controls. However, it is known that bone mass starts decreasing from age of forties and it is advisable to have proper amount of exercise and calcium intake to maintain your bone mass. Further periodical checkups are recommended.

<Remarks>